

Thanks for booking an appointment with us.

Before we begin it is important to note that I am not a vet. I am a nutritionist with a doctorate studying the effects of nutrition on behaviour and gut morphology. I do not advise on prescription meds. Any and all medical concerns should be addressed to a good natural vet. I recommend some on my homepage [www.dogsfirst.ie](http://www.dogsfirst.ie/).

Please find my questionnaire below. Please fill it in and attach it with your booking. Feel free to include a photo of your dog, it really helps me when we speak again.

**Personal Details:**

**Your name:**

**A rough address** ( town / county / country – helps for future consults but also allergies)

**Your dog's name, date of birth, BREED, sex:**

**Is your pet neutered? When?**

**How long have they been with you?**

**Weight? And are you happy with it…**

**Particulars of the Disease:**

**What can *you* detect as being wrong with your animal?**

**What happens when they are at their worst?**

**What is the ‘official diagnosis’ from your vet?**

**Is your animal currently on treatment? What is it, exactly?**

**If more than one complaint, can you rank them in order of importance?**

**When did the problem first start?**

**Anything significant happening in the animal's life/owner's life at this time?**

Eg: Changed food. Drank stagnant water. Physical trauma. Moved house.A bereavement (person or pet). Personal issues (no need to go too deep here). If you have their vet records, was there a vaccination / use of parasite control in the 3mths prior to onset?

**In general terms, how did it progress from beginning to what is happening today?**

**Name each factor (heat/cold, time of day, weather, drinking, food, exercise/rest, pressure, herbal remedy, medicine) that changes the disease for the better?**

**What factors change the disease for the worse?**

**Does the disease change through the year (e.g. Summer vs. Winter?), month by month or morning vs. evening?**

**How is their:**

 **Skin**

 **Teeth**

 **Breath (smell) and breathing (respiratory action)?**

 **Eyes**

**Mentally, where would you say your dog is?**

Fears. Aggression. Activity. Lethargy. Needy. Relaxed. Jealous (of what?).

**Food Related:**

**What do you feed your animal (exact product names and flavours. I will research them)?**

**How long have you been feeding the above?**

**What other diets have you tried unsuccessfully?**

**How is their appetite for said food?** **Are they excited before food?**

**Roughly how much do they drink?**

**How often do you currently feed?**

**Any nutritional supplements currently?**

**What tidbits do they get (be honest!)?**

**How are their poops? Are they ever constipation / diarrhoea? Do you see variable stools during the day?** (Tip: Rank their stools from 1 – 10, with 1 being soup and 10 being what you perceive as a perfect poo. How often are they 9-10?).

**Is your animal windy / gurgly / vomiting? When exactly?**

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**SMALL PRINT. PLEASE READ:**

Please email this questionnaire to info@dogsfirst.ie with your dog's name, breed and one or two word ailment descriptor in the title, helps me organise!

Health consults cost €180 for your first visit, involving me preparing for your dog, 45mins-1hr on Zoom, a follow up tailored email (diet, supplements, other tips) about how to progress and some email communication over the following 2-4 weeks.

As a non-vet, it is unlikely an insurance company will cover this fee.

Should you need more time thereafter, we can either to a short consult or we can do emails where I charge out my response time on a per 10min basis, whichever suits.

If upon reading, I decide I am not the best option to help you I will flag it immediately and re-direct you. There is no charge for this.

**There is a 24 hour cancellation fee of 50% of agreed cost**. Please call in good time if you are unable to attend an appointment.

Thanks guys, looking forward to speaking and getting your dog on the road to recovery.

Conor